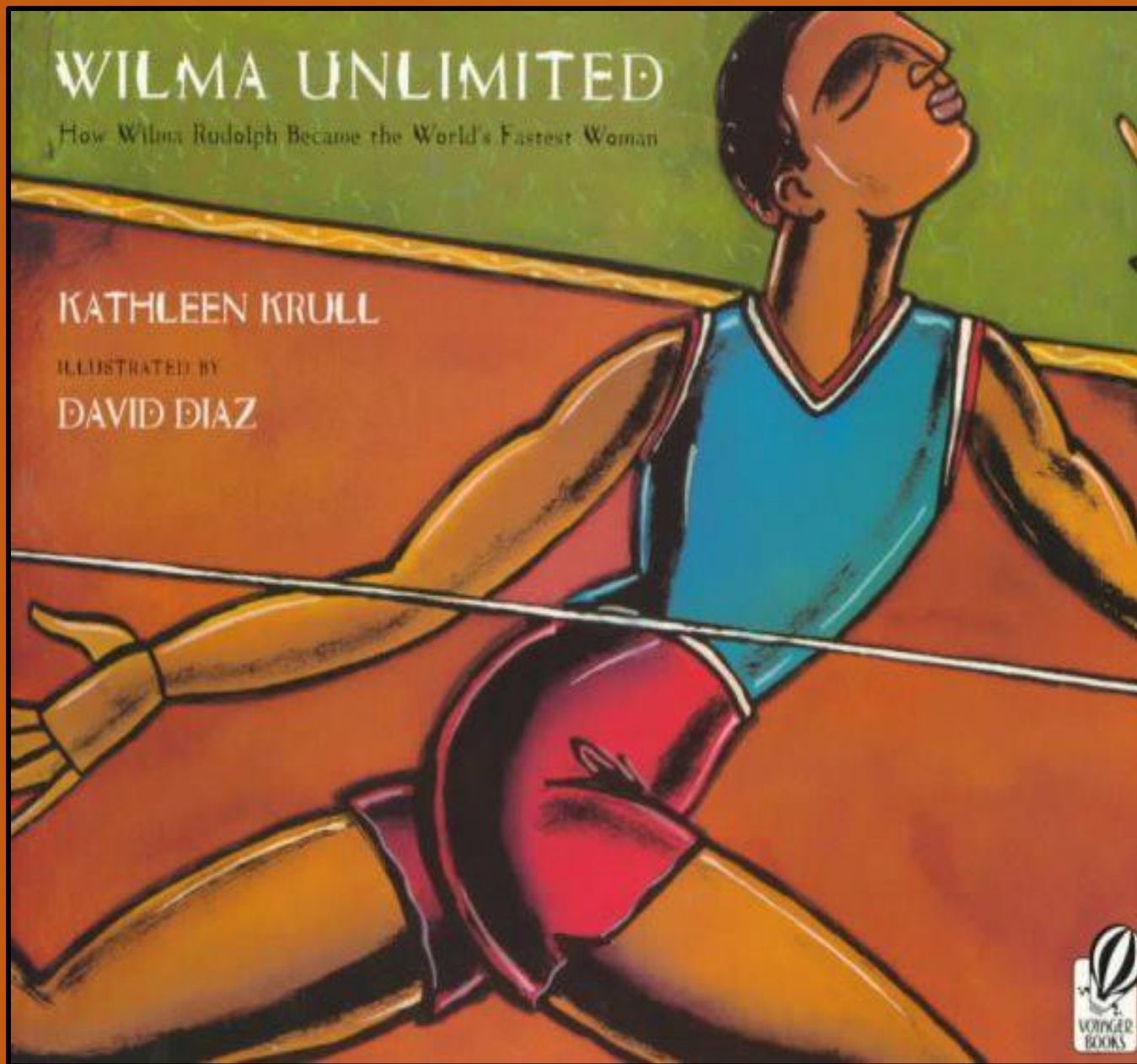


4th and 5th Grade Lesson Plan
Live with Purpose
Concern for the Future



Wreaths Across America

Lesson Plan

Teacher:	Date:
Grade: 4 th	Lesson: Live with Purpose-Concern for the Future

<p>OBJECTIVES: CCSS.ELA-Literacy.RL.4.2 Determine a theme of a story, drama, or poem from details in the text; summarize the text.</p> <p>CCSS.ELA-Literacy.RL.5.2 Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.</p>	<p>STRATEGIES:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Drawing/Coloring <input type="checkbox"/> Writing <input type="checkbox"/> Write/Pair/Share <input type="checkbox"/> Collaboration <input type="checkbox"/> Discussion Questions <input type="checkbox"/> Small Groups <input type="checkbox"/> Large Group
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MATERIALS:	Computer/laptop; internet (with access to YouTube); Smart Board; copies of Write/Pair/Share Activity; copies of the Nonfiction Book Summary; copies of the Wilma Rudolph Book Theme/Coloring Sheet; copies of the Wilma Unlimited Word Search Puzzle
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Engage: Hook the students	<p>Explain: Polio is a highly infectious disease caused by a virus. It invades the nervous system and can cause total paralysis in a matter of hours. Paralysis is the most severe symptom associated with poliovirus because it can lead to permanent disability and death. The disease reached its peak in the United States in 1952, with 20,000 cases of paralytic poliomyelitis. Today we will learn about a woman named Wilma Rudolph, who had polio in 1945, and who went on to win 3 Olympic Gold Medals in Track in 1960.</p> <p>Hand out the Write/Pair/Share Activity. Read directions aloud. Allow students time to complete the assignment.</p>
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Explore: Students make sense of a concept through observations.	<p>Play the YouTube Read Aloud, <i>Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman</i>, Author-Kathleen Krull, Illustrator-David Diaz.</p> <p>https://youtu.be/fSIPYPCi254?si=u-PUEy39ZKDqj9cK</p> <p>Hand out copies of the Nonfiction Book Summary. Allow students time to complete the assignment.</p> <p>Hand out copies of the Wilma Rudolph Book Theme/Coloring Sheet. Allow students time to complete the assignment.</p> <p>Hand out copies of the Wilma Unlimited Word Search Puzzle. Allow students time to complete the assignment.</p>
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Explain: Teacher introduces formal vocabulary and language to students.	The teacher may choose vocabulary for students to include on the Nonfiction Book Summary or have the students list unfamiliar terms on the Nonfiction Book Summary.
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Elaborate: Students apply what they have learned.	<p>4th Students will determine a theme of a story, drama, or poem from details in the text; summarize the text.</p> <p>5th Students will determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.</p>
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Evaluate: assessment.	Teachers will select which activities to use as formal/informal assessments.
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Enrichment/Service-Learning Project	<p>Help people with disabilities in your school. Read to them, help them with their schoolwork, sit with them during lunch, or play with them during recess. Be their friend. Start a Best Buddies Program in your school. For more information, go to https://www.bestbuddies.org/friendship/</p> <p>Print project completion certificates here</p>
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Name _____

Write-Pair-Share

You will have **5 minutes** to analyze the following quote by Wilma Rudolph, "Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat, and go on to win again, you are going to be a champion someday." At the end of 5 minutes, you will be paired with a partner, you will read your answer to your partner and they will read their response to you. Write on the back if necessary.

---cut here-----cut here-----cut here---

Name _____

Write-Pair-Share

You will have **5 minutes** to analyze the following quote by Wilma Rudolph, "Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat, and go on to win again, you are going to be a champion someday." At the end of 5 minutes, you will be paired with a partner, you will read your answer to your partner and they will read their response to you. Write on the back if necessary.

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Nonfiction Book Summary

Directions: Make a list of words you do not know. Look the definitions up and write the definition in the space provided. Use additional paper if necessary.

Vocabulary Word:

Definition:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Directions: Answer the questions in the space provided.

Why were the following people important?	<ul style="list-style-type: none">❖ Wilma-❖ Mother-❖ Father-❖ Siblings-❖ Track and Field Coach-
Why were the following places important?	<ul style="list-style-type: none">❖ Clarksville, TN-❖ Nashville, TN-

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	<ul style="list-style-type: none">❖ Church-❖ High School-❖ Tennessee State University-❖ Rome, Italy-
Why were the following dates important?	<ul style="list-style-type: none">❖ 1940-❖ 1945-❖ 1952-❖ 1960-❖ 1962-❖ 1994-

Summarize the story: _____

Wreaths Across America

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Teacher:	Date:
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ANSWER KEY

Nonfiction Book Summary

Directions: Make a list of words you do not know. Look the definitions up and write the definition in the space provided. Use additional paper if necessary. **Answers will vary.**

Vocabulary Word:

Definition:

Directions: Answer the questions in the space provided.

<p>Why were the following people important?</p>	<ul style="list-style-type: none"> ❖ Wilma-Wilma was very tiny when she was born, she was a sickly child, many people did not think she would survive. Then she developed polio, and she could not walk because her leg was paralyzed. She was persistent, and never gave up. ❖ Mother-Wilma's mother never gave up on her. She and Wilma would take the bus two times a week to the only hospital that would treat black people. ❖ Father-Wilma's father worked 2-3 jobs at times to take care of his family. ❖ Siblings-Wilma had 21 brothers and sisters. All of her siblings helped Wilma any way they could when she was growing up. ❖ Track and Field Coach-The Track and Field Coach from Tennessee State University saw Wilma play basketball at the state tournament. He offered her a full scholarship to TSU to run track.
<p>Why were the following places important?</p>	<ul style="list-style-type: none"> ❖ Clarksville, TN-Wilma was born in Clarksville, TN in 1940. ❖ Nashville, TN-The only hospital that would treat black people during this time was in Nashville, 50 miles away.

Wreaths Across America

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	<ul style="list-style-type: none"> ❖ Church-Church was very important to Wilma and her family. The first time she took the steel braces off of her leg, was to walk into church. ❖ High school-High school was important to Wilma because she loved basketball, and she played on the high school basketball team. ❖ Tennessee State University-Wilma received a full scholarship to run track at TSU. ❖ Rome, Italy-Wilma won 3 Olympic Gold Medals at the Olympic Games in Rome, Italy.
Why were the following dates important?	<ul style="list-style-type: none"> ❖ 1940-Wilma Rudolph was born in Clarksville, TN in 1940. ❖ 1945-Wilma had Scarlet Fever and developed Polio. ❖ 1952-Wilma was able to take off the steel brace. She and her mother mailed it back to Nashville. ❖ 1960- In 1960, Wilma won 3 Olympic Gold Medals at the Olympic Games in Rome, Italy. ❖ 1962-Wilma retired from running track. She started teaching 2nd grade and coaching at the high school. ❖ 1994- Wilma Rudolph died in 1994.

Summarize the story: Answers will vary.

This book is based on the true story of Black Olympic runner Wilma Rudolph. Wilma was born in Clarksville, TN in 1940. She was born very small and suffered with health problems. Wilma had 21 brothers and sisters. When Wilma was 5 years old, she had Scarlet Fever and Polio. Polio caused Wilma to have a crippled left leg. People said she would never walk again. But Wilma refused to believe it.

There were not any doctors in Clarksville who treated black patients like Wilma, so she and her mother would travel 100 miles roundtrip to Nashville twice a week. The doctors in Nashville put a steel brace on Wilma's left leg, and Wilma exercised and exercised until she could walk without the brace.

Wilma vowed she would run. She played basketball in high school. Wilma received a scholarship to run track at TSU. She ran 3 different events at the 1960 Olympic Games in Rome, Italy, and was the first American woman to earn 3 gold medals in one Olympiad.

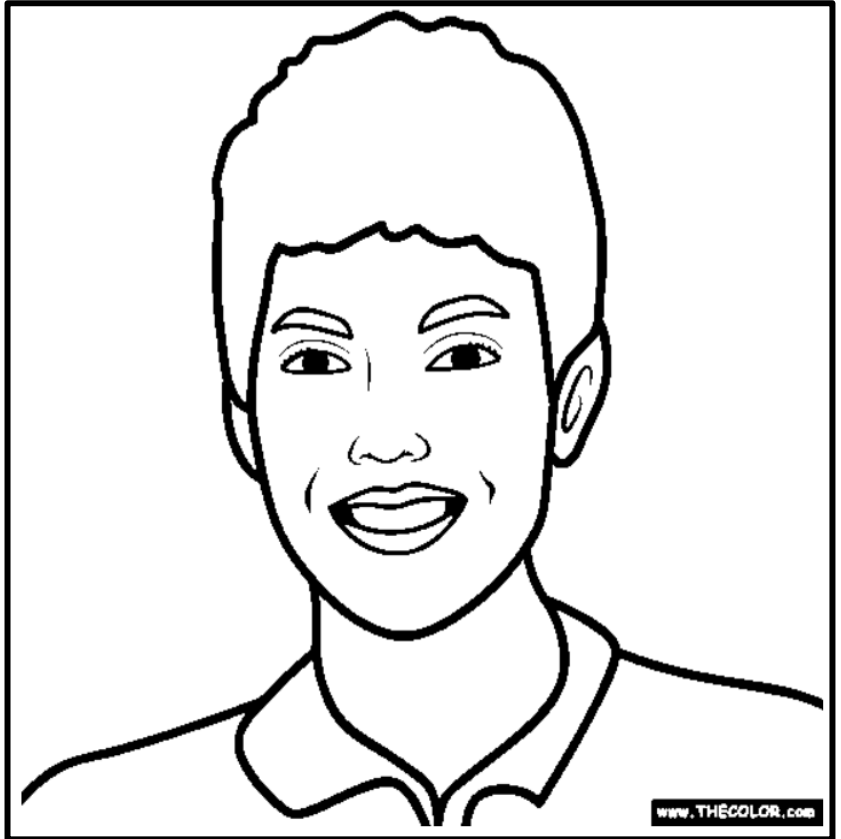
In 1962, Wilma started teaching 2nd Grade and coaching at the high school she attended. She also became a Civil Rights Activist for African Americans and the Disabled.

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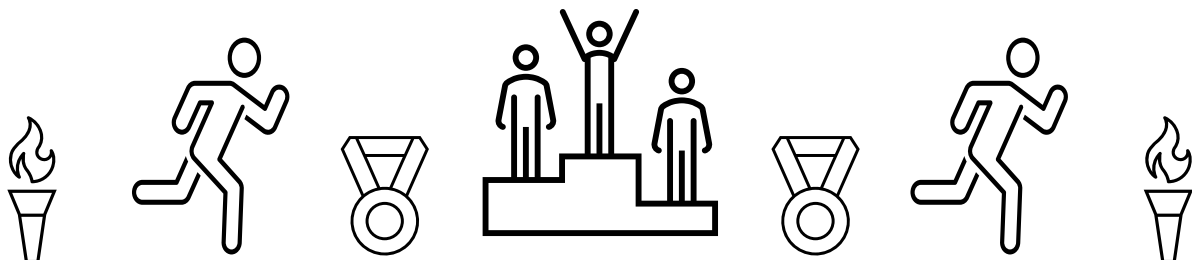
Name _____

Wilma Rudolph



What is the theme in the book *Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman?*

THEME: _____



Wreaths Across America
Lesson Plan

Teacher:	Date:
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ANSWER KEY

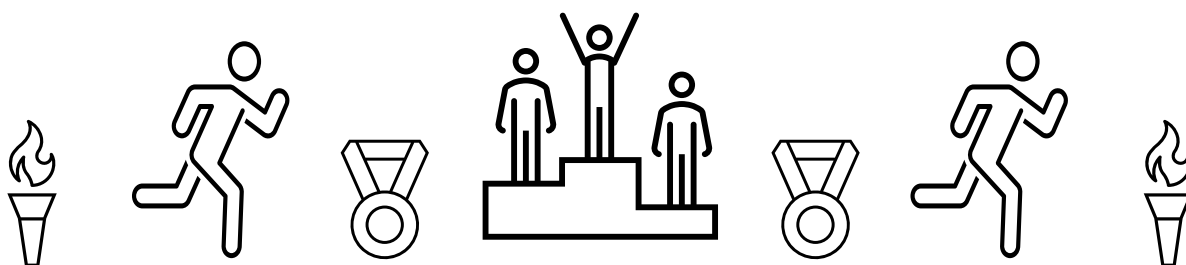
Name _____

Wilma
Rudolph



What is the theme in the book *Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman?*

THEME: Wilma Rudolph went from being unable to walk to being the fastest woman runner in the world. Paralyzed with polio when she was a child, Wilma proved that you can overcome obstacles and succeed if you work hard and keep trying.



Remember-Honor-Teach

Wreaths Across America

Lesson Plan

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Name _____

Wilma Unlimited Word Search Puzzle

C	H	U	R	C	H	Q	A	Z	W	B	U	S	S
L	W	X	O	E	D	C	R	F	V	A	T	G	C
A	B	Y	M	H	N	U	J	Y	M	T	I	K	H
R	L	P	E	A	S	P	O	L	I	O	D	C	A
K	E	M	E	D	A	L	S	K	R	N	F	V	M
S	T	E	E	L	B	R	A	C	E	U	T	R	P
V	R	E	W	O	R	Q	L	I	K	J	H	R	I
I	I	G	F	L	A	D	S	S	W	X	C	E	O
L	U	A	S	Y	V	Z	R	B	N	M	L	V	N
L	M	J	S	M	E	X	E	R	C	I	S	E	S
E	P	W	Q	P	T	E	A	C	H	E	R	F	H
T	H	P	O	I	Y	R	W	A	D	H	J	L	I
N	A		S	C	H	O	L	A	R	S	H	I	P
G	N	B	A	S	K	E	T	B	A	L	L	D	X
C	T	R	A	C	K	A	N	D	F	I	E	L	D

Clarksville, TN	Polio	basketball	exercises
bus	steel brace	church	brave
concentrate	triumphant	baton	track and field
championship	scholarship	Rome	Olympics
medals	sickly	fever	teacher

Wreaths Across America

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ANSWER KEY

Name _____

Wilma Unlimited Word Search Puzzle

C	H	U	R	C	H	Q	A	Z	W	B	U	S	S
L	W	X	O	E	D	C	R	F	V	A	T	G	C
A	B	Y	M	H	N	U	J	Y	M	T	I	K	H
R	L	P	E	A	S	P	O	L	I	O	D	C	A
K	E	M	E	D	A	L	S	K	R	N	F	V	M
S	T	E	E	L	B	R	A	C	E	U	T	R	P
V	R	E	W	O	R	Q	L	I	K	J	H	R	I
I	I	G	F	L	A	D	S	S	W	X	C	E	O
L	U	A	S	Y	V	Z	R	B	N	M	L	V	N
L	M	J	S	M	E	X	E	R	C	I	S	E	S
E	P	W	Q	P	T	E	A	C	H	E	R	F	H
T	H	P	O	I	Y	R	W	A	D	H	J	L	I
N	A		S	C	H	O	L	A	R	S	H	I	P
G	N	B	A	S	K	E	T	B	A	L	L	D	X
C	T	R	A	C	K	A	N	D	F	I	E	L	D

Clarksville, TN	Polio	basketball	exercises
bus	steel brace	church	brave
concentrate	triumphant	baton	track and field
championship	scholarship	Rome	Olympics
medals	sickly	fever	teacher