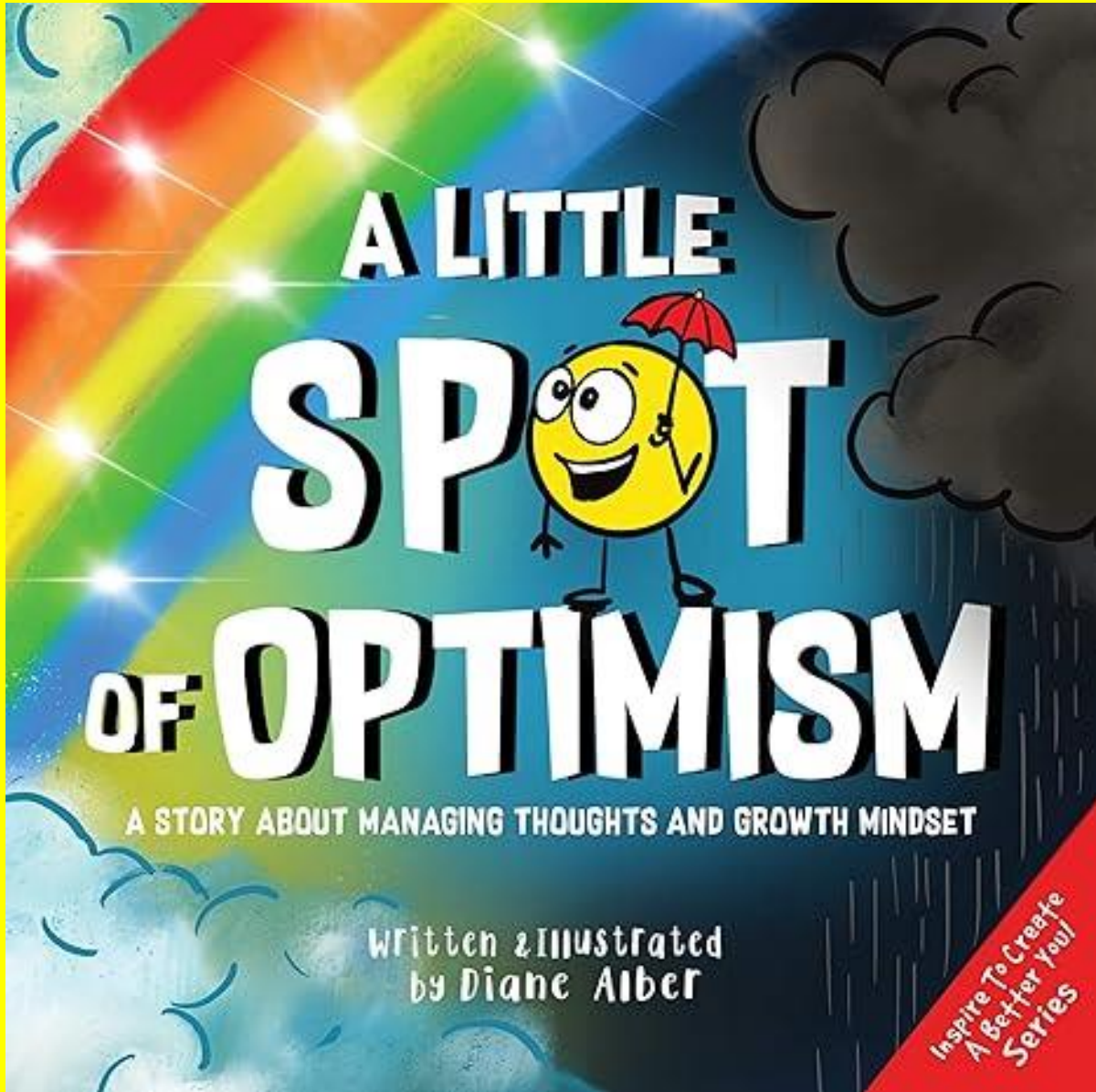


1st & 2nd Grades Lesson Plan
Live with Purpose
Optimism for America



Wreaths Across America

Lesson Plan

Teacher:	Date:
Grades: 1 st & 2 nd	Lesson: Live with Purpose-Optimism for America

<p>OBJECTIVES: CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.</p> <p>CCSS.ELA-LITERACY.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.</p>	<p>STRATEGIES:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Drawing/Coloring <input type="checkbox"/> Writing <input type="checkbox"/> Think/Pair/Share <input type="checkbox"/> Collaboration <input type="checkbox"/> Discussion Questions <input type="checkbox"/> Small Groups <input type="checkbox"/> Large Group
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MATERIALS:	Computer/laptop; internet (with access to YouTube); Smart Board; copies of <i>A Little Spot of Optimism</i> Check for Understanding; copies of My Little Spot of Optimism Writing Activity; copies of My Little Spot Coloring Sheet
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Engage: Hook the students	<p>Explain: Positive thinking is a mindset that focuses on the good in any situation, helping individuals approach challenges with optimism and resilience.</p> <p>Play the YouTube Video, "Optimism For Kids The Power of Positivity Looking on the Bright Side". https://youtu.be/qNJQodnrnCs?si=tMYCgXf7LngSQVIK</p> <p>Think/Pair/Share Activity- Pair the students with a partner. Explain the T/P/S directions. The students will think of their answer, get with their partner, and share their answer.</p> <p>T/P/S Question: How do you feel when you are around someone who is negative? Do you feel differently when you are around someone positive?</p>
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Explore: Students make sense of a concept through observations.	<p>Play the YouTube Read Aloud, A Little Spot of Optimism, Author/Illustrator Diane Alber. https://youtu.be/NAyNXLGmVUI</p> <p>Hand out <i>A Little Spot of Optimism</i> Check for Understanding questions or read them out loud for class discussion. Allow students time to complete the assignment.</p> <p>Hand out My Little Spot of Optimism Writing Activity. Allow students time to complete the assignment.</p> <p>Hand out copies of My Little Spot Coloring Sheet. Allow students time to complete the activity.</p>
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Explain: Teacher introduces formal vocabulary and language to students.	<p>optimism resilience</p> <p>positive mindset persevere</p> <p>negative mindset opportunity</p>
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Elaborate: Students apply what they have learned.	<p>Students will ask and answer questions about key details in a text read aloud or information presented orally or through other media.</p> <p>Students will recount or describe key ideas or details from a text read aloud or information presented orally or through other media.</p>
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Evaluate: assessment.	Teachers will select which activities to use as formal/informal assessments.
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Enrichment/Service-Learning Project	<p>As a class, collect gently used or new stuffed animals to donate to a local fire department or police station to give to children in emergencies. Make sure to contact the fire department or police department first, to determine the need.</p> <p>Print project completion certificates here</p>
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Name _____

A Little Spot of Optimism

1. At the beginning of the book, a little spot of Optimism says he is there to teach us how “ To look on the bright side”. What did he mean by that?
2. Have you ever had a time when you felt like life gave you lemons? What did you do to make lemonade?
3. What is optimism?
4. When you see your glass as being half full instead of half empty, what are you focusing on?
5. If you focus on the positive of situations instead of the negative, what are you creating?
6. Why should you always choose positive words?
7. Instead of using the following negative words, what are some positive words you can choose?
 - a. I can't do this, so I will not try.
 - b. I made a mistake.
 - c. This is too hard.
8. Positive thoughts can lead to positive actions? Why are positive actions important?
9. Why should you look at failure as an opportunity?
10. What did you learn from this story?

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Answer Key

Name _____

A Little Spot of Optimism Check for Understanding

1. At the beginning of the book, a little spot of Optimism says he is there to teach us how “ To look on the bright side”. What did he mean by that? **When you are faced with a disappointing or difficult situation, you focus on the positive and not the negative.**
2. Have you ever had a time when you felt like life gave you lemons? What did you do to make lemonade? **Answers will vary.**
3. What is optimism? **Optimism is all about how you choose to look at a situation.**
4. When you see your glass as being half full instead of half empty, what are you focusing on? **When you see your glass as being half full, you are focusing on what you do have instead of what you don't have.**
5. If you focus on the positive of situations instead of the negative, what are you creating? **If you focus on the positive of situations instead of the negative, you are creating a positive mindset.**
6. Why should you always choose positive words? **Words are important and powerful because the words you tell yourself determine how you will feel about a situation.**
7. Instead of using the following negative words, what are some positive words you can choose?
 - a. I can't do this, so I will not try. **Answers will vary but should include I will try to do this and keep trying until I am successful.**
 - b. I made a mistake. **Answers will vary but should include what I can learn from this mistake.**
 - c. This is too hard. **Answers will vary but should include it will just take time and effort to figure this out.**
8. Positive thoughts can lead to positive actions? Why are positive actions important? **Positive actions increase your confidence and your optimism.**
9. Why should you look at failure as an opportunity? **Failure is an opportunity for you to learn a new way to do something next time.**
10. What did you learn from this story? **Is it an important life lesson? Answers will vary.**

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MY Little Spot of Optimism

Name _____

Directions: Make a list of ways you can show optimism in your thoughts, words and actions for each day of the week.

	Monday	Tuesday	Wednesday	Thursday	Friday
My Thoughts					
My Words					
My Actions					

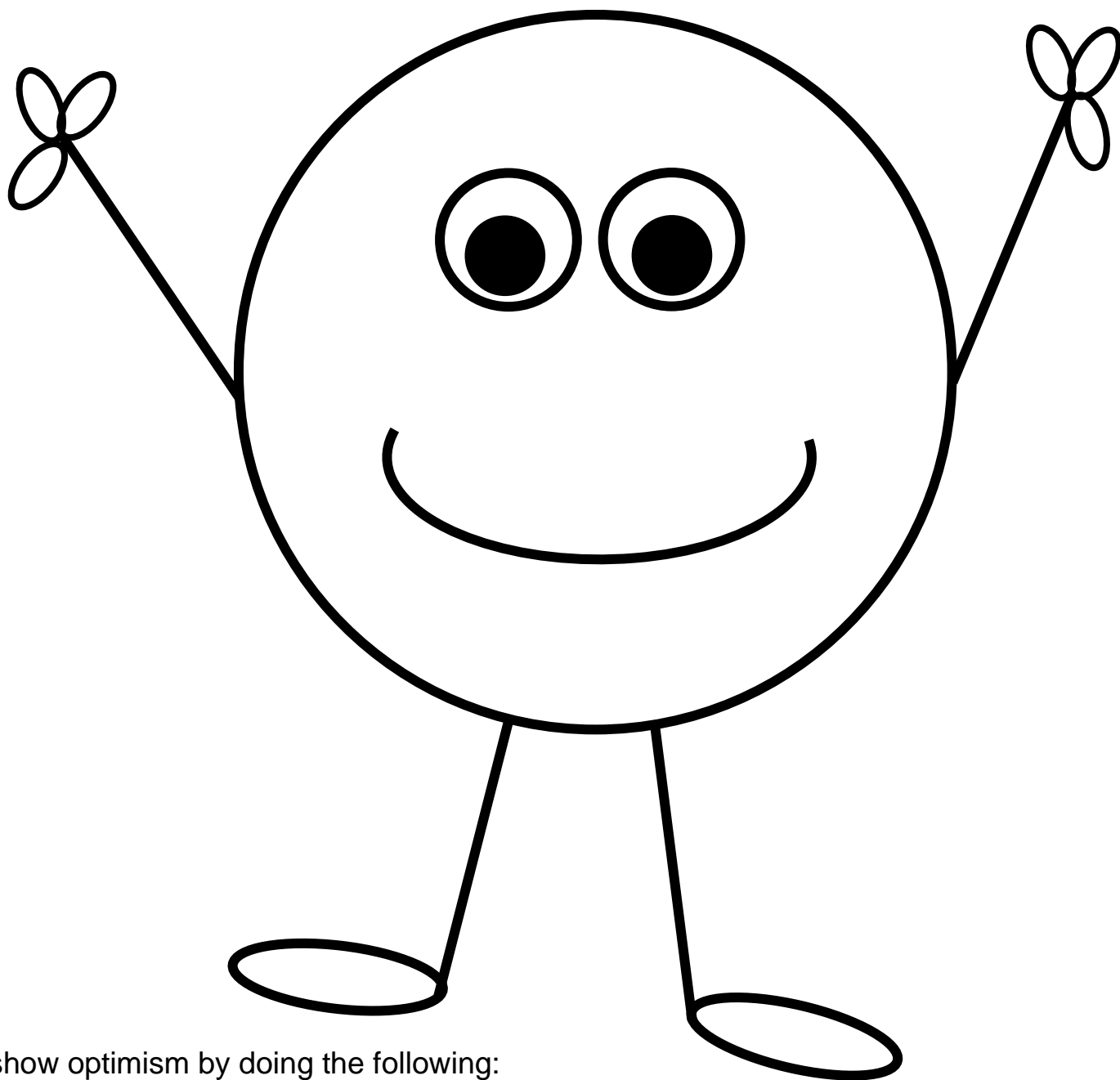
Positive
Thoughts, Words, & Actions =
Optimism

**Wreaths Across America
Lesson Plan**

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Name _____

Color My Little Spot of Optimism Your Favorite Color



I will show optimism by doing the following:
